

JANUARY 2026 IOWA MEDICAID PHARMACY PROGRAM CHANGES

DATE: November 20, 2025

APPLIES TO: Managed Care (MC), Fee-for-Service (FFS), Dental (D)

FROM: Iowa Department of Health and Human Services (HHS), Iowa Medicaid

EFFECTIVE: January 1, 2026

1. **Changes to the Preferred Drug List (PDL) effective January 1, 2026. Refer to the [Iowa Medicaid PDL website](https://www.iowamedicaidpdl.com/pa-pdl/preferred-drug-lists.html)¹ to review the complete PDL.**

Preferred	Non-Preferred	Non-Recommended
Airsupra	Amjevita 40mg/0.4mL & 80mg/0.8mL ¹	Hernexeos ¹
Breo Ellipta	Andembry	Modeyso ¹
Brinsupri ¹	Anzupgo ¹	Yeztugo
Caplyta ²	Bosentan Sol Tab ¹	
Dabigatran Caps	Brilinta	
Doxylamine/pyridoxine	Brynovin Oral Soln ¹	
Exenatide ¹	Diclegis	
Jentaduetto XR	Emend ¹	
Jornay PM ¹	Entresto	
Nucala Prefilled Syringe ¹	Fidaxomicin	
Pirfenidone ¹	Fluticasone Furoate	
Rybelsus ¹	Harliku	
Sacubitril-Valsartan	Hydrocodone/APAP Oral Soln 10-300mg ¹	

¹ <https://www.iowamedicaidpdl.com/pa-pdl/preferred-drug-lists.html>

Spinosad Topical Susp	Imuldosa ¹
Ticagrelor	Janumet XR ¹
Trelegy Ellipta	Kirsty Vial & Pen
Vtama ¹	Merilog
Wegovy ¹	Merilog SoloStar
	Nevanac
	Pilocarpine 1.25% Ophth Soln
	Pradaxa Caps
	Pruradik Lotion
	Rykindo ³
	Sephience ¹
	Topiramate Oral Solution ¹
	Trimethobenzamide
	Tryptyr
	Vykat XR ¹
	Wakix ¹
	Zelsuvmi
	Zunveyl

¹ Clinical prior authorization (PA) criteria apply

² Step 2

³ Step 3

2. New Drug PA Criteria – See the complete new PA criteria chart on the [PDL website](#)².

- **Brenoscatic (Brinsupri)**
- **Diazoxide Choline (Vykat XR)**
- **Sepiapterin (Sephience)**

² <https://www.iowamedicaidpdl.com/pa-pdl/prior-authorization-criteria.html>

3. Changes to Existing PA Criteria – The below criteria have been updated effective January 1, 2026. See the complete PA criteria chart on the [PDL website](#)³.

- **Hepatitis C Treatments, Direct Acting Antivirals- removal of clinical PA criteria**
- **Incretin Mimetics for Non-Diabetes Indications**
- **Janus Kinase (JAK) Inhibitors**
- **Pegcetacoplan (Empaveli)**
- **Select Topical Agents**

4. Point of Sale Billing Updates:
Hepatitis C Treatments, Direct Acting Antivirals

a. Quantity Limits:

Drug Product	Quantity	Days' Supply
Mavyret tablets	84	28
Mavyret pellets	140 packets (5 cartons)	28
Sofosbuvir 400mg/ velpatasvir 100mg tablets	28	28
Sofosbuvir 200mg/ velpatasvir 50mg tablets	56	28
Sofosbuvir 200mg/ velpatasvir 50mg pellets	56	28
Sofosbuvir 150mg/ velpatasvir 37.5mg pellets	28	28

b. Treatment Duration per 365 days:

- **Mavyret: 16 weeks**
- **Sofosbuvir/velpatasvir: 12 weeks**

We encourage providers to go to the [PDL website](#)⁴ to view all recent changes to the PDL. If you have questions, please contact the Pharmacy Prior Authorization (PA) Helpdesk at 1-877-776-1567, locally in Des Moines at 515-256-4607, or by e-mail at pba_iapdlinfo@optum.com.

³ <https://www.iowamedicaidpdl.com/pa-pdl/prior-authorization-criteria.html>

⁴ <https://www.iowamedicaidpdl.com/>

If you have questions, please contact Iowa Medicaid Provider Services, the appropriate MCO or PAHP:

Iowa Medicaid Provider Services:

- Phone: 1-800-338-7909
- Email: imeproviderservices@hhs.iowa.gov

Managed Care Organizations (MCOs):

Iowa Total Care:

- Phone: 1-833-404-1061
- Email: providerrelations@iowatotalcare.com
- Website: <https://www.iowatotalcare.com>

Molina Healthcare of Iowa:

- Phone: 1-844-236-1464
- Email: aproviderrelations@molinahealthcare.com
- Website: <https://www.molinahealthcare.com/providers/ia/medicaid/home.aspx>
- Provider Portal: <https://www.availity.com/molinahealthcare>

Wellpoint Iowa, Inc. (formerly Amerigroup Iowa, Inc.):

- Phone: 1-833-731-2143
- Email: ProviderSolutionsIA@wellpoint.com
- Website: <https://www.provider.wellpoint.com/iowa-provider/home>

Prepaid Ambulatory Health Plans (PAHPs):

Delta Dental:

- Phone: 1-888-472-1205
- Email: provrelations@deltadentalia.com
- Website: <https://www.deltadentalia.com/dentists/>

MCNA Dental:

- Phone: 1-855-856-6262
- Email: IA_PR_Dept@mcna.net
- Website: <https://www.mcnaia.net/dentists>